

# 19<sup>th</sup> International Conference of the Utopian Studies Society – Europe

## Tips & Info.

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### [Transport]

- If you are travelling by train, remember: your station of destination is *Tarragona* and **not** *Camp de Tarragona*. *Camp de Tarragona* is for high-speed trains only called AVE and is **very far** from the centre of Tarragona. Also, taxis are expensive from there and the bus service is not very convenient.
- **The best way** to reach Tarragona from Barcelona airport (BCN) is by bus. There are about 14 buses/day. Visit the conference website, section [How to get there] for an updated schedule. You do not need to buy your ticket in advance. You can pay the bus driver directly. (€/Euros only).
- If you arrive in Tarragona by train, and do not want to hire a taxi, you can probably walk to your hotel. A quick way of doing this is:
  - to climb the ramps and stairs that will take you to Rambla Nova street. This is for the energetic!
  - Or, when you come out of the railway station, take Carrer Orosi (*carrer* means street!) until you reach Carrer Pau del Protectorat. Turn right. At the end of the street, next to the Palau de Congressos (Congress Hall) there are two flights of escalators that will lead you to the city centre (Rambla Nova). The walk takes about ten minutes.

### [Tarragona]

- The conference will last from Monday to Thursday. If you like open-door markets, Tuesdays & Thursdays (08:00-14:00) are market days in Tarragona. Both sides of the Rambla Nova are lined with dozens of stalls! Keep this in mind as restaurants, bars and cafeterias in this area may be more packed than usual, and service may be slower. Also, please beware of pickpockets!
  - **Please note:** The location of the stalls may be moved to Plaça Corsini and neighbouring streets during the conference days. This should not change anything as the area of influence is the same.

### [Health]

- If you need to buy medicines, look for a *farmàcia*. They all display a green cross on the façade. They have different schedules, but the most convenient are Fullana, Domingo, and Sanz. All three in the Rambla Nova. They are open 09:00-22:00. Depending on what you want to buy, you may need a prescription.
- If you are not feeling well, the nearest and most convenient hospitals are:
  - Hospital Santa Tecla (Rambla Vella Street, downtown Tarragona)
  - Hospital Joan XXIII (Plaça Països Catalans square, next to SB Hotel)

- They may/may not have an interpreter. Depending on your country of origin and the Spanish Social Security agreements they may charge you or not.
- If you need an ambulance, call 112. Multilingual operators available.

#### [Security]

- For any issues related with personal or collective security, please call 112 and explain the situation. Multilingual operators available.
- Police cars with the sign “Guàrdia Urbana” >>> Tarragona **local** police.
- Police cars with the sign “Mossos d’Esquadra-Policia” >>> **Catalan** police

#### [Eating]

- The Tarragona city centre is packed with restaurants, bars and cafeterias where you can have lunch. Meal schedules here are noticeably later than in most countries. Lunch is usually served from 13:00-16:00, but you can find lots of places where you can have tapas, combined dishes or any other choices, that serve food at any time. The conference schedule has reserved two hours for lunch. Possibilities:
  - If you just want a snack, the university cafeteria will be open, though as classes are over, the choice may be extremely limited.
  - If you want something more filling, we encourage you to visit the recently revamped Mercat Central (Plaça Corsini a.k.a. Plaça del Mercat square). The building (1915) is worth a visit and inside you will find homemade ready-made dishes you can eat there or take away. Outside and around the building, there are also a number of possibilities. Schedule: 08:30-21:00.
  - The areas we recommend include the following streets / *carrer* in Catalan, pronounced [karé]:
    - Plaça de la Font square (a.k.a. Plaça de l’Ajuntament—City Hall square) and adjoining lanes.
    - Carrer Major (Main Street, near the cathedral)
    - Plaça del Fòrum square (near URV rectorate)
    - Plaça del Mercat square
    - Carrer Lleida
    - Rambla Nova
    - Carrer Méndez Núñez (halfway up Rambla Nova, on the right)
    - Carrer Compte de Rius (halfway up Rambla Nova, on the left)
    - Carrer August (halfway up Rambla Nova, parallel to Rambla Nova)
    - Plaça Verdaguer square (at the end of Carrer August)

#### [Shopping]

- Apart from local shops and some franchises in the city centre (the area coincides with the restaurants area—see previous tip), you have two options:

- *El Corte Inglés*: Traditional whole building department store. (Rambla lluís Companys, not far from SB Hotel and Joan XXIII Hospital).
- *Parc Central* (a.k.a. EROSKI): Typical shopping mall with shops, franchises, cinemas and food court (at the farthest end of Av. Ramón y Cajal).
  - *El Corte Inglés* opening hours: 09:30-22:00
  - *Parc Central* opening hours: 09:00-22:00, except restaurants and cinemas.
- Chinese shops sell almost everything and anything you might need. Reasonable prices!
- A note on **timetables**: Many local shops close at lunchtime between 13:30/14:00. They reopen between 16:00/16:30 until 20:00/20:30. National/international franchises usually open non-stop between 9:00/9:30 and 20:00/20:30.
- Credit cards are accepted everywhere. All payments are in €/Euros.
- If you need cash, all banks have at least one ATM machine (inside or outside). Most banks have branches in Rambla Nova (Caixabank, Santander, BBVA, Sabadell, Deutsche Bank, etc.)

#### [Smoking]

- Smoking is prohibited in all closed spaces (i.e. bars, restaurants, shops), but not outside.

#### [Language survival kit]

English	Catalan (català)	Spanish (español/castellano)
Good morning	Bon dia	Buenos días
Good afternoon	Bona tarda	Buenas tardes
Good evening	Bona nit	Buenas noches
Hi, how are you?	Hola, com anem?	Hola, ¿cómo estás?
Please	Si us plau	Por favor
Thank you	Gràcies/merci (col.)	Gracias
See you later	Fins després	Hasta luego
See you soon	Fins aviat	Hasta pronto
Good bye	Adéu	Adiós
Street	Carrer	Calle
Square	Plaça	Plaza
Avenue	Avinguda	Avenida
(bus/train) station	Estació (bus/tren)	Estación (bus/tren)
Airport	Aeroport	Aeropuerto
Arrivals	Arribades	Llegadas
Departures	Sortides	Salidas
Entrance/way in	Entrada	Entrada
Exit/way out	Sortida	Salida

Shop	Tenda/botiga	Tienda
Bank	Banc	Banco
Open	Obert	Abierto
Closed	Tancat	Cerrado
ATM	Caixer (automàtic)	Cajero (automático)
Banknotes/coins	Bitllets/monedes	Billetes/monedas
Park	Parc	Parque
Market	Mercat	Mercado
Car	Cotxe	Coche
Car park	Aparcament/parking	Aparcamiento/parking
Bus stop	Parada d'autobus	Parada de autobús
City Hall	Ajuntament	Ayuntamiento
University	Universitat	Universidad
Faculty/School	Facultat	Facultad
Department	Departament	Departamento
City	Ciutat	Ciudad
How do you say... in English?	Com es diu... en català?	Cómo se dice...en español?
Post office	Correus	Correos
Catalonia	Catalunya	Cataluña
Catalan/Catalonian (lang.)	Català	Catalán
Spain	Espanya/Estat espanyol	España
Spanish (lang.)	Espanyol/Castellà	Español/Castellano
Beer (draft, bottle, can)	Cervesa (canya, mitjana, llauna)	Cerveza (caña, mediana, lata)
(black) coffee	Café sol	Café (solo)
Decaf	Descafeinat	Descafeinado
(White) coffee	Cafè amb llet	Café con leche
(small) white coffee	Tallat	Cortado
(skimmed) milk	Llet (desnatada, descremada)	Leche(desnatada/descremada)
(soy) milk	Llet de soja	Leche de soja
Sugar/saccharine	Sucre/sacarina	Azúcar/sacarina
(sparkling) water	Aigua (amb gas)	Agua (con gas)
Wine (White, red)	Vi (blanc, negre)	Vino (blanco/tinto)
Champagne	Cava	Cava
Fruit juice	Suc de fruita	Zumo de fruta
Ice cream	Gelat	Helado
Beach	Platja	Playa
Sand	Sorra	Arena
Hot/cold	Calent/fred	Caliente/frío
Paracetamol (generic, not a brand name)	Paracetamol (genèric, no de marca)	Paracetamol (genérico, no de marca)
Ibuprofen (generic, not a brand name)	Ibuprofèn (genèric, no de marca)	Ibuprofeno (genérico, no de marca)
Antibiotics	Antibiòtics	Antibióticos
Headache	Mal de cap	Dolor de cabeza